

2022 Rochester HS Falcon Marching Band Handbook

Be Open-Minded and Respectful of New Ideas and Experiences

This year will, no doubt, be different than years in the past. I ask you to be open-minded about any changes that happen. Please trust that I have the band and your best interest at heart. I want to take the marching band's successes to a new level.

I have an open-door policy. If you are ever unhappy about a situation or the way things are going, please come and talk to me personally. Do not let things fester and do not take out your anger or frustration out on the field. I am more than happy to take suggestions and ideas because this is your band, and I want this to be a great year!

Be On Time

"To be early is to be on time, to be on time is to be late, and to be late is to be forgotten."

—Dr. William D. Revelli

Be Prepared

Always come to band with your music, flip folder, lyre, **PENCIL**, coordinate sheet/name tag/lanyard, instrument, and supplies (valve oil, cork grease, etc.). You will be marking your music and **A PENCIL IS NECESSARY**. If we are outside, make sure to have water, sunscreen, athletic shoes and clothing, and other necessary items.

Maintenance of the Band Facilities

The band room, locker room, practice rooms, hallways, auditorium, uniform room, dressing rooms and football field are our home for at least six months of the year. Leaving the band facilities messy and dirty is not acceptable. The best learning environment for our group is one that will be a clean music setting. Picking up papers, chairs, stands, music, reeds, garbage, etc. will be required of everyone. If we all pitch in, this will be any easy task.

Marching Band Uniforms and Your Behavior in these Uniforms

Full "winter" uniform parts include: blue/white jacket, black overall pants, hat, blue/white plume, black shoes, black FMB socks, black gloves, and white spats. Summer uniform parts include: blue FMB hat, blue FMB polo shirt, black shorts, black FMB socks, and black shoes. Take care of these uniforms.

You are required to keep all parts of your uniform clean. While you are in a Rochester HS Falcon Marching Band uniform, you represent not only yourself and the FMB, but you also represent the entire band program, the school, the community, and the district. The proper attitude, behavior, and demeanor need to be adhered to at all times. At no time should a member of the Rochester HS Falcon Marching Band be rude or inconsiderate, vulgar, childish, immature, or any other negative stereotype. Our band is a high caliber ensemble and so are our standards for our students.

Instrument Equipment

It is the responsibility of the student to maintain the instruments that they use that belong to the school. Maintenance of the instruments will include oiled slides, oiled valves, periodic cleaning of instruments and general care of instruments. Only students assigned to these instruments may use them. This goes for all woodwind, brass, and percussion instruments and color guard equipment.

Students will use their personal instruments in a professional way. They will not allow other students to use their instruments and they will only use their instruments in a musical way. Loud blaring, blasting, and other non-musical sounds will not be tolerated and should not be encouraged.

Rehearsal Procedures

Proper use of rehearsals for band is a necessity. Rehearsals need to be conducted in a mature way. The directors and instructors have many informative things to say, and the ensemble should show respect by listening. When a director is on the podium, all ears and eyes need to focus to the front. Marching band rehearsals will be one of the following:

- 1) Indoor music rehearsal – set up like a concert band rehearsal
- 2) Outdoor music rehearsal
- 3) Outdoor marching fundamentals – the attention should be focused on a director for instruction and demonstration.
- 4) Outdoor marching rehearsal – **Each person will have his or her own coordinate sheet and is responsible for them for the ENTIRE season.**

Extra Marching Band Rehearsals and/or Sectionals Attendance Policy

Only the directors may call extra rehearsals. Instructors, section leaders or drum majors may call sectionals. Each section will have at least 1 sectional per week during marching band season (usually 1 hour before weekly evening rehearsals). Directors may call full band rehearsals or sectionals, if necessary. A sufficient amount of time must be given to allow members of the individual sections and/or ensemble time to arrange their schedules to attend. That time will be set by the directors and agreed upon with the students.

Regularly Scheduled Daily Band Attendance Policy – Responsibility for Attendance

Attendance at rehearsals and performances are required for membership in the band program. Absences are permitted in the event of extenuating circumstances (i.e. personal illness, death in the family). Excessive absences, even for these reasons, will cause severe problems and may result in loss of position or rank within the organization. **All necessary absences should be presented in writing in advance, if possible.** Failure to appear at a scheduled rehearsal or performance without proper notice in advance may result in suspension from the group or a low or failing grade for that period. It is impossible to “make up a performance” and the other members must carry an extra burden because of someone else’s inconsideration. Extenuating circumstances should be discussed with the director prior to the event. Performance dates are given well in advance and plans should be made around them.

Hazing and Harassment Policy

The Rochester HS Falcon Marching Band defines hazing as any action taken or situation created which is intentionally designed to produce mental or physical discomfort, embarrassment, harassment, or ridicule. Such activities and situations include: creation of excessive fatigue; physical or psychological abuse; wearing apparel which is conspicuous and not normally in good taste; engaging in public stunts; morally degrading or humiliating games and activities; late work sessions which interfere with scholastic activities; and any other activities which are not consistent with the policies of the Rochester Community Schools. Any band members in violation of the Hazing and Harassment Policy will be immediately referred to the Rochester High School Administration.

Hydration Policy

Members of the Rochester HS Falcon Marching Band will take water breaks at least once every 90 minutes. Water breaks will be given more frequently depending upon temperature and intensity of physical activity. Water will be available at all times. All student are **required** to drink water or a sports drink during water breaks. We will also have at least one large water jug available for student use. **A band member may excuse him or herself from a practice or performance at any time if they feel lightheaded, dizzy, weak, nauseated, or have muscle cramps.** The student should then report directly to a chaperone or one of the directors or instructors..

I am truly thrilled to be your band director and am looking forward to a successful and fun year!

Mr. David A. Uhrig
(248) 726-6567
duhrig@rochester.k12.mi.us

2022 RHS FMB Schedule (updated 3-22-22)

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| <ul style="list-style-type: none"> • Tuesday, March 22 • Wednesday, April 27 • Wed-Thu, June 8-9 • Monday, July 18 • Tue-Fri, July 19-22 • Wednesday, July 20 | <ul style="list-style-type: none"> 7 pm 6-8 pm 11 am-1 pm 8 am-12 pm 8 am-12 pm 7 pm | <ul style="list-style-type: none"> FMB KICKOFF Info Meeting (ZOOM) FMB Summer Uniform/Registration (RHS) FMB Instrument Pick-up Leadership Training (11-12 grade) Pre-Camp Rehearsals New Parent/Student Band Camp Meeting |
| <ul style="list-style-type: none"> • Mon-Fri, July 25-30 <ul style="list-style-type: none"> ○ Saturday, July 30 | | |
| <ul style="list-style-type: none"> • Tuesday, August 9 • Wednesday, August 10 • Tuesday, August 16 • Wednesday, August 17 • Thursday, August 18 • Saturday, August 20 • Tuesday, August 23 • Wednesday, August 24 • Thursday, August 25 • Monday, August 29 • Wednesday, August 31 | <ul style="list-style-type: none"> 5-9 pm 5-9 pm 5-9 pm 5-9 pm 5-9 pm 5:30-7:30 pm 5-9 pm 5-9 pm 5-10 pm 6:20-7:30 am 5-9 pm | <ul style="list-style-type: none"> FMB Rehearsal FMB Rehearsal FMB Rehearsal FMB Rehearsal FMB Uniform Fittings Jimmy John's Field Performance FMB Rehearsal FMB Rehearsal Home Football Game First Day Performance FMB Rehearsal |
| <ul style="list-style-type: none"> • <u>August/September Morning Rehearsals (6:20-7:20 am)</u> <ul style="list-style-type: none"> ○ 30th, 1st, 6th, 6th, 9th, 12th, 13th, 16th, 19th, 20th, 23rd, 26th, 27th, 30th | | |
| <ul style="list-style-type: none"> • Thursday, September 1 • Wednesday, September 7 • Sunday, September 11 • Wednesday, September 14 • Wednesday, September 21 • Friday, September 23 • Wednesday, September 28 | <ul style="list-style-type: none"> 5-9 pm 9-11 am 10:30 am 5-9 pm 5-9 pm 5-9 pm 5-9 pm | <ul style="list-style-type: none"> Home Football Game v. Adams FMB Rehearsal Art & Apples Festival OPC Senior Day Performance FMB Rehearsal FMB Rehearsal Home Football Game (8th Grade Night) FMB Rehearsal |
| <ul style="list-style-type: none"> • <u>October Morning Rehearsals (6:20-7:20 am)</u> <ul style="list-style-type: none"> ○ 3rd, 4th, 7th, 14th, 17th, 18th, 21st, 24th | | |
| <ul style="list-style-type: none"> • Saturday, October 1 • Wednesday, October 5 • Friday, October 7 • Monday, October 10 • Wednesday, October 12 • Friday, October 14 • Sunday, October 16 • Wednesday, October 19 • Tuesday, October 25 • Wednesday, October 26 • Friday, October 28 | <ul style="list-style-type: none"> 1-4 pm 6-9 pm 5-9 pm 5-9 pm 3-5 pm 5-9 pm 5-9 pm 7 pm | <ul style="list-style-type: none"> FMB Rehearsal RCS Festival @ Adams HS FMB Rehearsal Homecoming Football Game (Senior Night) FMB Rehearsal MSBOA MB Festival @ Troy HS Away Football Game @ SCHS Command Performance FMB Rehearsal FMB Rehearsal Collage Concert Potential Playoff Game |

- November Morning Rehearsals (6:20-7:20 am)
 - 2nd, 3rd, 9th, 10th, 22nd, 29th
- **Friday, November 4** **Potential Playoff Game**
- **Friday, November 11** **Potential Playoff Game**
- Wednesday, November 30 5-9 pm FMB Rehearsal
- **Friday, December 2** 7:30 am-2:30 pm **Elementary/Middle School Tour**
- **Sunday, December 4** 12-4 pm **Rochester Parade**

Remind Text Messages - to sign up, text the message:

@rhsfmb23 (for FMB Seniors) to **81010**

@rhsfmb24 (for FMB Juniors) to **81010**

@rhsfmb25 (for FMB Sophomores) to **81010**

@rhsfmb26 (for FMB Freshmen) to **81010**

Email – Sign up to be added to the RHS Bands email distribution group by sending an email to rpswebmaster@gmail.com

Facebook – Like the **Rochester High School Bands** page
– Join the **2022 RHS Falcon Marching Band** group

Please visit the RHS Band & Orchestra Boosters site for all this information and more:

rhsrpms.weebly.com

TENTATIVE 2022 RHS FMB BAND CAMP ITINERARY

Monday, July 25

6:00-6:30 am	Freshmen: check-in at RHS with <u>FMB shirt, hat and water bottle</u>
6:30-6:50 am	Sophomores: check-in at RHS with <u>FMB shirt, hat and water bottle</u>
6:50-7:10 am	Juniors: check-in at RHS with <u>FMB shirt, hat and water bottle</u>
7:10-7:30 am	Seniors: check-in at RHS with <u>FMB shirt, hat and water bottle</u>
8:00 am	<u>Buses depart from RHS</u>
10:00 am	Arrive at Northwood – check-in at dorms & get settled in
11:00 am	Introductions, rules & campus orientation (bring water bottle)
Noon	LUNCH at Practice Field
1:00 pm	SECTIONALS – Outdoor locations; Color Guard - Hach
3:00 pm	MUSIC Rehearsal – Outdoor location; Color Guard - Hach
4:00 pm	Personal time
4:45 pm	DINNER/Rest time
6:00 pm	MARCHING Rehearsal – FUNdamentals/Drill – Full Band – Practice Field
9:00 pm	Evening Activity - Ice Breakers - Practice Field
10:00 pm	In dorms – On Floor
10:30 pm	In rooms
11:00 pm	Lights out!

Tuesday – Friday July 26-29

6:30 am	Wake up!
7:00 am	BREAKFAST
8:15 am	MARCHING Rehearsal – FUNdamentals/Drill - Full Band – Practice Field
11:15 am	Sectional Field Time
11:45 am	LUNCH/Rest time
1:00 pm	SECTIONALS – Outdoor locations
3:00 pm	MUSIC Rehearsal – Outdoor location
4:00 pm	Personal time
4:45 pm	DINNER/Rest time
6:00 pm	MARCHING Rehearsal – FUNdamentals/Drill – Full Band – Practice Field
9:00 pm	Evening Activity - Tue-TBD, Wed-TBD, Thu-TBD, Fri-Skit Night
10:00 pm	In dorms – On Floor
10:30 pm	In rooms
11:00 pm	Lights out!

Saturday, July 30

6:30 am	Wake up!
7:00 am	BREAKFAST
8:15 am	Pack luggage & change into Performance Uniform (Black shorts & 2020 Show shirt) Report to Room Check out Chaperone with 3 roommates, 3 keys & a chaperone signed check-out slip
9:30 am	MARCHING Rehearsal – FUNdamentals/Drill - Full Band – Practice Field
11:00 am	Water Break
11:30 am	FINAL PERFORMANCE - Practice Field
12:30 pm	Student/Parent Check-out – a parent/guardian must have a state-issued photo ID to release the student

**You are responsible for your own transportation home from Northwood
AND your own equipment at all times**

THE ABOVE SCHEDULE MAY BE ALTERED AT ANY TIME – be prepared to be FLEXIBLE!

2022 RHS FMB Band Camp Packing List

Each student is allowed one suitcase, one "linen bag" and a school size backpack

Tag your luggage & instrument with your name & school

SUMMER UNIFORM

Winds & Drumline: FMB blue polo shirt, FMB blue hat, black shorts, show shirt

Color Guard: FMB blue polo shirt, black shorts, show shirt

PERFORMING EQUIPMENT

Winds & Drumline: Instrument, case, lyre, flip folder, music, reeds, neck strap, drumsticks, valve oil, cork grease, slide oil, rubber bands, pencils & highlighters

Color Guard: Practice flags, gloves, pencils

CLOTHING

Shorts & shirts (at least 6)
Sleep clothes or pajamas
Sweatpants for cool mornings
Sweatshirt, jacket or hoodie
Underclothes
Socks (2 pairs per day)
White T-shirt (seniors only for togas)
Athletic shoes (2 pairs **with ARCH SUPPORT**)
Hat & sunglasses

LINENS

X-long twin bed sheet set OR 2 non-fitted regular twin bed sheets OR a sleeping bag
Blanket
Pillow
Bath towel & wash cloth
Shower Mat (or extra towel for floor)
Extra white bed sheet (Seniors Only - for togas)
Linen bag for sleeping bag or sheets & pillow (a garbage bag works great)

MEDICINE

Prescriptions (Must be in the original container with original pharmacy label)
All medicines including prescription and over-the-counter must be in a quart-size Ziploc baggie labeled with the student's name and turned into the medical team

FOOD & BEVERAGE

Breakfast/Granola bars
Salty snacks
Water or Gatorade (6-pack is plenty)

PERSONAL HYGIENE

Bath soap
Deodorant (non aerosols)
Shampoo & conditioner
Toothbrush & toothpaste
Body powder or cornstarch
Hand cream
Sunscreen/sunblock
Aloe Vera gel (for sunburn)
Insect repellent
SPF lip balm (for sunburnt lips)
Hair ties (keep hair restrained)
Feminine products (females)

ENTERTAINMENT

Books
Camera
Cards/board games
Outdoor games (football, Frisbee etc.)
Cell phone & charger
Personal music player
Handheld electronic games

MISCELLANEOUS

*****REFILLABLE WATER BOTTLE*****
ACE Bandage, ankle/knee wrap/brace
Alarm clock
Band-aids
Common sense
Money (for snacks, pizza & gift shop)
Watch
Positive attitude
Flashlight
Talent or skit idea
Clip-on/small fan(s) & extension cord

*** DO NOT BRING ***

Gaming systems or TVs
Refrigerator
Large fans that will not fit in your suitcase
Computer
Stereos/speakers
Bikes, skate boards, etc.
Expensive personal items
Anything aerosol

2022 RHS Falcon Marching Band Kickoff – Tue, March 22

David A. Uhrig, RHS Director of Bands

duhrig@rochester.k12.mi.us ~ (248) 726-6567

FMB Pre-Camp @ RHS

Monday-Friday, July 18-22 – 8 am-12 pm

Band Camp @ Northwood University/RHS

Monday-Saturday, July 25-30

Roommates: There will be 2 students per room, where they will share a bathroom with 2 other students in an adjoining suite

FMB Registration

Online Beginning – April 11

Summer Uniform Fitting & Registration Questions
April 27 – 6-8 pm

Optional for Veterans
Recommended for New Members

MARCHING BAND COSTS

Required Fees

FMB Seasonal/Camp Fee	\$540
Uniforms (approximate cost)	\$159
Uniform Maintenance Fee	\$ 20
RBOB Family Membership (optional)	\$ 15
Total Approximate Cost	\$734

\$135 non-refundable 1st deposit due April 8

\$135 non-refundable 2nd deposit due May 8

Remaining 2 payments of \$135 due June 8/July 8

Payments to be completed before band camp

Checks made payable to: RBOB

Costs have increased due to Northwood and for apparel

For Financial Assistance: email Mr. Uhrig privately
Include “FMB Financial Assistance” in the subject line,
no later than **Wednesday, May 20**

Uniform Costs

*Prices are estimates, vendors are still determining 2022 pricing.

Custom Threads Website

Blue FMB Polo shirt	\$33
(2XL \$36/3XL \$39)	
Blue FMB Hat	\$16
Black Uniform Shorts	\$17
(2XL \$20/3XL \$23)	
Show Shirt	\$20
Socks	\$14

FMB Stocked Items

Black Gloves (2 pair @ \$4 ea.)	\$8
Black Marching Shoes	\$34
White Spats (2 pair @ \$8.50 ea.)	\$17
Total Approx. Cost	\$159

Color Guard additional cost, see instructor

Band Camp Coordinator

Katie Mile - (248) 765-5311

kmmile@gmail.com

RPMS President

Kathy Young - (317) 919-3665

yoannidesyoung@hotmail.com

RPMS & Student Account Treasurer

Mark Bunch - (248) 890-2523

markbunch3@gmail.com

Instrument & Music

Pick-Up

Wed & Thu, June 8 & 9
11 am-1 pm

RHS Band Room

Ordered uniforms will be mailed to your home.
Shoes, spats & gloves will be distributed at Uniform Fittings in August

Color Guard Instructor

Katie Derkacz

kderkacz@umich.edu

(248) 961-5284

Drumline Instructor

Mateo Segura

musegura21@gmail.com

(586) 859-8721

Rochester Band & Orchestra Boosters

rhsrpms.weebly.com/



COMMUNICATION

- REMIND Text Messages
 - Current 11th Graders: text **@rhsfmb23** to **81010**
 - Current 10th Graders: text **@rhsfmb24** to **81010**
 - Current 9th Graders: text **@rhsfmb25** to **81010**
 - Current 8th Graders: text **@rhsfmb26** to **81010**
- Booster Website
 - RBOB - rhsrpms.weebly.com
- Facebook
 - **2022 RHS Falcon Marching Band** – private group
 - **Rochester High School Bands** – public page
- Email Updates
 - Mr. Uhrig - duhrig@rochester.k12.mi.us
 - (248) 726-6567 (voicemail)
 - RBOB - rpmswebmaster@gmail.com